

FOREVER YOUNG:

HOW TO THROW THE BEST PARTY FOR SENIOR CITIZENS

Keep in mind that some seniors may prefer to have an intimate birthday celebration with their family rather than have a big party with plenty of guests. Planning ahead will help you get to know what your elderly relative wants for their birthday.

INVOLVE SENIORS IN THE PLANNING

Involving elderly guests will make them feel special because they know you are taking their suggestions into consideration. Here are some of the things that must be planned ahead with them:

- Guestlist
- Date & Location
- Party Theme

CHOOSE A PARTY LOCATION

In choosing the location, be sure to account for the weather. A roofed patio is a suitable location to let the fresh air in and keep guests covered. But if the weather permits for it, consider having the party outdoors.

INCORPORATE A THEME IN THE PARTY

Make the party even more fun by incorporating a theme. They will surely appreciate it if you are able to design the location according to it. Here are some ideas that may be of interest to you:

- Retro Theme: 20s, 50s, 60s, 80s
- Hollywood Party
- Masquerade Mardi Gras

SELECT THE MENU SUITABLE FOR THE DIET OF THE SENIORS

In choosing the dishes to be served on the menu, you should be able to select the ones appropriate for the guests' diet. It is necessary to pay attention to the menu selection as they might not be able to try every dish or dessert.

PREPARE FOR A PROGRAM FLOW

Every party needs a program flow. You could prepare a song and dance number for them to reminisce about the good times they had when they were young.

PREPARE SENIOR-FRIENDLY GAMES

Games for your elderly guests must be suitable for their physical and mental capabilities. Slow the pace of games but preserve the fun with one of these ideas:

- Word games spell fun
- Bingo
- 1950s or 1960s Trivia Game

TOKENS AND GIVEAWAYS

No matter the trinket and the words in it, your elderly loved one will treasure it. For the elderly, nothing in this world can replace a good memory. Here are some ideas for giveaways that could bring great joy:

- Customized keychains with their photo booth pictures
- A teacup decorated with the date and theme of the party

KEY TAKEAWAY

Throw the most memorable senior citizen party in the most beautiful places in the Philippines with the best catering service.

Juan Carlo

REFERENCES

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